

Nebraska Division of Behavioral Health  
**State Advisory Committee on Mental Health Services (SACMHS)**  
**State Advisory Committee on Substance Abuse Services (SACSAS)**  
May 17, 2018/ 9:00 am – 4:00 pm Lincoln, NE – Country Inn & Suites

Meeting Minutes

**I. Call to Order/Welcome/Roll Call**

*Linda Wittmuss*

*Linda Wittmuss, Deputy Director*, welcomed committee members, guests, staff and others to the meeting.

**The Open Meetings Law** was posted in meeting room; all presented handouts were available for public review.

**Roll Call** was conducted and a quorum was determined to exist for both the State Advisory Committee on Mental Health Services and the State Advisory Committee on Substance Abuse Services.

**Motion to Approve Minutes:**

State Advisory Committee on Mental Health Services acting chair B. Ferguson presented the November 16, 2017 minutes for review. Asking for and receiving no corrections or comments, it was motioned and seconded to approve the minutes as written; the motion passed on a unanimous voice vote.

State Advisory Committee on Substance Abuse Services acting chair V. Gehrig presented the November 16, 2017 minutes for review. Asking for and receiving no corrections or comments, it was motioned and seconded to approve the minutes as written; the motion passed on a unanimous voice vote.

**State Advisory Committee on Mental Health Services**

Members in Attendance: Margaret Damme, Suzanne Day, Bev Ferguson, Lindy Foley, Laurie Holman, Patti Jurjevich, Kristin Larsen\*(non-voting), Phyllis McCaul, Lisa Neeman, Pamela Otto, Ashley Pankonin, Rachel Pinkerton, Nancy Rippen, Stacy Scholten, Mary Thunker, Stacey Werth-Sweeney, Michael Williams.

Members Absent: Susanna Batterman, Karla Bennetts, Bradley Hoefs, Ryan Kaufman, Amy Rhone, Rebecca Tegeler, Diana Waggoner.

**State Advisory Committee on Substance Abuse Services**

Members in Attendance: Jeffrey Courtier, Ingrid Gansebom, Victor Gehrig, Janet Johnson, Dusty Lord, Michael Phillips, Daniel Rutt, Randy See and Ann Ebsen (arrived after Roll Call).

Members Absent: Jay Jackson, Janet Johnson, Diana Meadors, Kimberly Mundil, Mary Wernke.

**DHHS Staff in Attendance:**

David DeVries, Tamara Gavin, Deb Sherard, John Trouba, Linda Wittmuss, Heather Wood.

**New membership Introductions: Mental Health**

**Margaret Damme:** Joins our committee with an impressive background of advocating and supporting women, whether it be substance abuse, domestic violence or other obstacles in their lives right here in the Lincoln area. She is a polished public speaker and has won multiple awards for her work in human services.

**Michael Williams:** Coming to us from the Omaha area today, Michael is a decorated veteran with sea service deployments and commendations for his service in Desert Storm

**New membership Introductions: Substance Abuse**

**Jeffrey Courtier:** From Scottsbluff, currently serves as the Director of Celebrate Recovery, a program sponsored by The Rock Church. Oversees two other youth-based ministries, The Landing for teenagers and Celebration Place for grades 1-5. Has a background in jail ministry & served as youth leader at summer camps/winter retreats.

**Daniel Rutt:** Currently the Director of Revive Ministries, a nonprofit that operates Horizon Recovery and Counseling Center and the Unity Houses, a ¾ housing program in Hastings, Nebraska, where he has served for the past 10 years. Before that, while serving with the Crossroads Mission, he built an award winning program called Positive Restart Program. Daniel has also been active on many boards and commissions, including the Hastings CASA, Youth Leadership, Hastings Community Meth Coalition member, and the Hastings Food Pantry.

**II. Public Comment**

There was no comment offered at the morning Public Comment opportunity.

### **III. Director's Update**

*Linda Wittmuss*

*Linda Wittmuss, Deputy Director*, reported out to members that Sheri Dawson had been held up and moved directly into the meeting agenda.

### **IV. Membership Business**

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Bylaws for the State Advisory Committee on Mental Health Services were presented. Following discussion, it was motioned and seconded to approve the by-laws as recommended. Motion passed on unanimous voice vote.

### **V. 2018 Legislative Review**

*Linda Wittmuss*

*Linda Wittmuss, Deputy Director*, led the review of handout – 2018 Summary of Legislative Bills passed into Law impacting DHHS and DBH. General discussion. Going forward, DBH will likely propose clean up, assault on health care workers and outpatient competency restoration proposals. Laurie Holman leads legislative updates for other meetings and offered to continue to update the Advisory Committee going forward

### **VI. Break**

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### **VII. DBH Business Plan – Year 1 & Year 2 – Status of FY18 Business plan for DBH**

*Linda Wittmuss*

*Linda Wittmuss, Deputy Director*, Reviewed status of FY18 Business Plan through 4/18 provided. 100% completion on EBS/CDS deliverables. 54% completed on SOC deliverables. 3 deliverables related to the flow through the LRC in progress. Proposed for FY19 are deliverables specific to the Targeted Response to Opioids and the System of Care grants related activities. Once approved, DBH to provide final Business Plan to members.

### **VIII. First Episode Psychosis (FEP) – Revision Request Update**

*Tamara Gavin*

*Tamara Gavin, Deputy Director*, reviewed a handout on the state First Episode Psychosis (FEP) program. There has been a request to reconsider eligibility criteria for the program; Advisory members are being asked to review and provide any additional recommendations. A brief overview of the FEP program was provided. Goals include developing and implementing person-centered care plans, on-going risk assessments, client and family education, and help for consumers to reach their personal recovery goals.

FEP Admission Criteria Change Recommendations were as follows:

Age criteria: Current: “Male/Female age 15 through 25”; Recommendation: “**Male/Female age 15 through 35**”.

Symptom Duration / History of Psychotropic Medications: Current: “First psychotic episode of any duration so long as the individual has taken antipsychotic medication for psychosis for a cumulative period of no longer than twelve months” Recommendation: “**Symptom duration**” described as “**Symptoms of a psychotic disorder for a (consecutive/ cumulative) 12 month period prior to referral.**”

Brief discussion with members related to the lower age limit described above; question if there is any precedent for serving younger members, for example, down to age 14. Tamara will take under advisement.

### **IX. Lunch & Member Networking**

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### **X. Public Comment**

There was no comment offered at the afternoon Public Comment opportunity.

### **XI. 2019 SAMSHA Combined Block Grant “Mini” Application**

*John Trouba for Karen Harker*

*John Trouba, DBH*, reviewed the FY19 Combined MH/SAPT Block Grant Mini-Application process; the application for the second year allocation of the two-year 2018-2019 block grant. The mini-application continues work on the behavioral health assessment and plan, which built on the strategic planning and block grant planning activities in which the JAC participated in 2016-2017. The assessment describes where the state’s system currently is, identification of any needs or gaps found while assessing the states behavioral health system, and what the state plans to do in the two year project period (2018/2019) to move the behavioral health system forward while addressing any needs or gaps found. States must make an annual application for funds for the two-year planning cycle. The mini-application gives the states an opportunity to update anything they put in the biennial application. The mini-application is due September 4, 2018 and will be reviewed at the August meeting.

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### **XIII. State Targeted Response (STR) Opioid Crisis Grant**

*Tamara Gavin*

*Tamara Gavin, Deputy Director*, provided a PowerPoint presentation titled; “Year One in Review and a Look Ahead.” SAMHSA lifted all restrictions related to % of grant that can be applied to prevention. Nebraska conducted a needs assessments and then coordinated with partners, including the Nebraska Opioid Coalition in developing a strategic and work plan.

Prevention \$380,000.00: DHHS and partners released the Nebraska Pain Management Guidance document and education video. Implementation of evidence-based practices and community education. Also working on Safe Drug Disposal and Take Back along with Naloxone Kit distribution.

Treatment \$1,280,000.00: Treatment priorities include distribution of buprenorphine and naloxone to under- and uninsured populations. DBH held Project ECHO (Extension for Community Healthcare Outcomes) immersion training 12/19/17, and introductory webinar took place 01/12/18, model utilized with partners. Continuing education offered via ECHO and 7 full sessions were hosted in year 1 with year 2 curriculum under development. Nebraska continues to focus recruitment efforts on adding providers to the network of prescribers practicing Medication Assisted Treatment.

Recovery \$240,000.00: Development of supplementary peer support training specific to opioid use disorder. 37 Peer Support Specialists attended a Medication Assisted Recovery Support (MARS) training on 03/07/18. New for Year 2: Nurse Intervention Program – Pilot: consults are ordered when patient presents with a positive drug screen. Intervention nurse would assess all substance use issues, make a diagnosis and recommendation for level of care treatment. Treatment team would document referrals for treatment as part of the discharge plan.

### **XIV. Break**

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### **XV. Veteran’s Behavioral Health Initiative’s**

*Linda Wittmuss*

*Linda Wittmuss, Deputy Director*, informed attendees that Veterans are in the special population’s category in DBH strategic plan and work plan. Areas of emphasis include prevention activities to reduce suicide rates among veterans and improving connections to community resources by and with veteran and veteran serving agencies. DBH participating with other partners in monthly Veterans Task Force meetings. Recommendations on how best to engage veterans and spouses are welcome and will be shared in Task Force meetings.

### **XVI. Wrap Up: Announcements, Comments, Observations**

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The meeting concluded with Announcements, Comments, and Observations. Comments included extending invitations to Dr. Baker, Medical Director at Lincoln Regional Center, and the director of the Department of Revenue-Gamblers Assistance Program for information sharing and discussion on recent activities. And, members identified an interest in learning more about use of the botanical kratom and any related regulatory activity. Observations included the preference to once again use a microphone for speakers, table tents displaying names and the cool comfort of the larger room.

### **XVII. Adjournment and Next Meeting**

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The meeting was adjourned at 3:00 p.m. The next Joint meeting of the State Advisory Committee on Mental Health Services and the State Advisory Committee on Substance Abuse Services is scheduled on Thursday, August 23, 2018.

Minutes prepared by the Division of Behavioral Health, Nebraska Department of Human Services. Minutes are intended to provide a general summary of the proceedings.

08/20/2018 Meeting Minutes Compiled per JD